

BARRHORN SKYRACE



REGULATIONS 2025

Barrhorn 2025

Racing Rules – Edition 2025 – Version 1
12.02.2024



Regulations

Organisator:

Turtmann-Unterems Tourismus

c/o InfoCenter/Dorfstrasse 6

3946 Turtmann

info@turtmantal.ch

www.barrhorn.ch

With the registration for the Barrhorn Sky Race (transfer of the entry fee) the regulations are automatically accepted.

Formal

In the present regulations, the male person is mentioned; of course, the explanations also apply to the female gender in each case.

Eligibility for participation

This race is open to any person, male or female, who is at least 18 years old on the day of the race. Minors who are at least 16 years old may participate from Blüematt. A signed parental consent form must be given to the child. The participant assures that the personal data is given correctly during registration and that his start number will not be passed on to any other person.

Only very well-trained runners can master this high alpine challenge. The finish line is at 3610m.a.s.l. Each participant bears full responsibility for his or her state of health. It can be life-threatening to start shortly after infectious diseases (angina, flu etc.). The same applies to taking painkillers and similar medication before the start. The start on the Barrhorn Skyrace is exclusively at your own responsibility.

Doctors or security personnel deployed on the course are entitled to withdraw runners from the race for medical reasons. If the race is continued despite medical instructions or behind the official control runner, this is done at the runner's own responsibility outside the race and without any claim to organiser services.

To participate it is necessary that you:

- Are fully aware of the length and special nature of the event and are perfectly prepared for
- Have acquired a real capacity for personal autonomy in the mountains before the race, which will enable you to cope with the problems induced by this type of event.
- Above all, knowing how to cope without outside help with climatic conditions that can be very difficult due to the altitude (summit at 3610m.a.s.l.).
- Knowing how to deal, even when isolated, with physical or mental problems that can occur due to great fatigue, digestive problems, muscle or joint pain, small injuries ...
- Realize that the role of the organization is not to help a runner overcome their problems and that in such an activity in the mountains, safety depends on the ability of the runner.
- Adapt to the problems encountered or foreseen.
- Each walker/runner declares that he/she knows and accepts these rules.

Half- Autonomy

The principle of individual semi-autonomous running is the rule.

Semi-autonomy is defined as the ability to be self-sufficient between two aid stations. This, in terms of nutrition as well as clothing and safety equipment.

Safety, which makes it possible to adapt to problems that have arisen or can be foreseen (bad weather, physical problems, injuries ...).

This principle includes the following rules:

1. Each runner must carry all his/her running equipment throughout the race.
Compulsory equipment (see section EQUIPMENT) must be carried. At any time during the run, the marshals may check the runner on the wearing of the compulsory equipment. The runner is obliged to submit to these checks with "cordiality", otherwise he/she may be excluded from the race.
2. The three refreshment posts (Hübschweidi, Blüomatt and SAC Turtmannhütte) will be supplied with drinks and food for consumption. Runners must ensure that they have the following at the start and after each refreshment post:
on the number of drinks and food he needs to reach the next refreshment point.

Registration

Registration is possible on the website of the timer SPTiming, linked on the website of the organiser.

Gebühren für die Teilnahme:

Races / Categories	Until 31 December 2024	From 1. January 2025
Barrhorn Sky Walk «Alpine Walking» (Turtmann - Barrhorn)	CHF 80.00	CHF 90.00
Barrhorn Sky Run «Runner» (Turtmann - Barrhorn)	CHF 80.00	CHF 90.00
Blüomatt Sky Walk «Alpine Walking» (ab Alpkäserei Blüomatt - Barrhorn)	CHF 80.00*	CHF 90.00*
Blüomatt Sky Run «Runner» (ab Alpkäserei Blüomatt - Barrhorn)	CHF 80.00*	CHF 90.00*

* A shuttle for those starting the 'Blüomatt Sky Run and Sky Walk' from Turtmann is available free of charge at registration. The shuttle is provided by cable car and bus.

This registration fee includes the participation in the event, the souvenir prize, a portion of pasta in the festival area including a drink. Vouchers will be distributed with the start number before the race and must be handed in.

The start number entitles the holder to a return journey by shuttle bus and cable car.

A shuttle bus between the "Vorder Sänntum" car park and Gruben/Meiden to the festival site/ranking ceremony (sports field below the chapel) is also available free of charge until 15:00.

After the race and the award ceremony, a bus will run free of charge for hikers and runners from Gruben/Meiden (at the Hotel Schwarzhorn) until 18:00 to Oberems on presentation of the start number or voucher. Oberems - Turtmann by cable car is also included in the entry fee.

Furthermore, parking spaces, tent and camper facilities as well as shower facilities are available free of charge in Turtmann. (See chapter campers/tents/showers). A shower facility is also open in Oberems. The locations are marked in the respective villages.

Registrations paid by credit card are valid immediately after receipt of payment. Those paid by Bank transfers are valid as soon as we have received the payment. Any registration not paid within one week will be automatically deleted.

Maximum number of participants (exclusively invitees): 275, incl. Invitees 300

Start number and re-registration

Each runner will receive a personally coded data chip together with their race number with their name printed on it. The use of a private data chip is not permitted. The start number must be visibly always attached to the chest or to a start number band during the race and may not be altered or folded. Failure to comply may result in disqualification.

The organization will refund entry fees in case of cancellation as follows:

- until 31 May 50%
- from 1 June until start of the race: 0%

No starting places will be carried over to the following year. The organizer must be notified of the re-registration of a purchased starting place. A processing fee of CHF 20.00 will be charged for all re-registrations after 1 July. It is possible to change or transfer the starting place until 13 July 2025.

If, for safety reasons, the Skyrace cannot be held or can only be held in part, there is no entitlement to a refund of the entry fee or to its transfer to the following year. The decision not to run and/or to abandon the race will be taken by the organizer.

Start times

Start Barrhorn Sky Walk, Alpine Walking:	Turtmann from 04:00 a.m.
Start Barrhorn Sky Run, Running:	Turtmann from 06:00 a.m.
Start Blüomatt Sky Walk, Alpine Walking :	Blüomatt from 06:30 a.m.
Start Blüomatt Sky Run, Running:	Blüomatt from 08:30 a.m.

Picking up the start numbers

Friday, 25 July 2025 from 17:00 to 20:00, at the InfoCenter of Turtmanntal Tourism, Dorfstrasse 6, 3946 Turtmann

On Friday evening it is possible to eat pasta next to the Tourism InfoCentre at B& B Kalbermatter.

Saturday, 26 July 2025 from 03:30 to 05:45, at the InfoCenter of Turtmanntal Tourism, Dorfstrasse 6, 3946 Turtmann Free parking is available at the football pitch and in the surrounding area for the entire weekend.

Luggage drop-off for transport to the festival site in Gruben/Meiden is possible on Saturday at the start.

Award ceremony

The award ceremony will take place at 15.00 in the marquee at the Alpe Meiden/Gruben. Prizes that are not collected in person during this event will be raffled off to the participants present.

Equipment

Each participant is required to arrive at the start with good equipment appropriate to the weather conditions. The last part of the course is in high alpine terrain.

To take part in this event, a compulsory set of equipment is required.

However, it is important to note that these are minimum specifications that each runner must adapt to their own abilities.

Above all, it is important not to choose clothing that is as light as possible in order to save a few grams, but to choose clothing that allows for good protection in the mountains.

against cold, wind and snow and thus offers greater safety and better performance. Obligatory to carry:

- Drink supply 0.5l
- Mobile phone (on the Swisscom network) to call for help and to be able to be contacted at any time.
- Rescue blanket with a minimum size of 1.40m x 2m.
- Long-sleeved jumper or windbreaker, gloves, to better withstand the cold.
- Hat or Bandana

Recommended material:

- Sticks

Shoes that are not suitable for off-road use, such as sandals or flip-flops, are prohibited! Immediate exclusion is the consequence.

Security

In case of bad weather conditions and for safety reasons, the competition management can make changes to the course and posts at any time. In this case the control closing times can also be adjusted. In the event of a change of course, the timekeeping will be continued as best as possible. For safety reasons the competition management reserves the right to stop the competition. No claims for refunds of entry fees or other claims will be made as a result of a race being abandoned, shortened or changed. Record times on adapted courses are not valid.

In the event of a race being abandoned, the intermediate times can be used as the finishing times. These are set in such a way that e.g., due to difficult weather conditions or other reasons, the following places are possible as alternative destinations:

- Blüematt (1870 m.a.s.l.)
- Turtmann Hut (2519 m.a.s.l.)
- "Himalaya Gate" (3000 m.a.s.l.)
- "Barrhorn- Joch" (3500 m.a.s.l.)

The organizer is entitled to cancel, adapt or relocate the running event for good cause. An important reason is given if the running event cannot be held at the originally scheduled time due to an external, unforeseeable and unavoidable event of force majeure. If the run cannot take place due to force majeure (e.g., war, terrorism, severe weather, pandemic or official order), the entry fees will not be refunded. The organizer is not liable for damages resulting from the cancellation of the race due to force majeure.

Accompanying walkers/runners /

Any accompanying of the runners (e.g., with mountain bike or running along) on the course is prohibited. (Walking) poles are allowed in all categories. Those running with poles must have them with them throughout the course (they may not be handed over to helpers in between).

Sky Walk

The OC of the Barrhorn supports the basic ideas of "Sky Walking" as a health and adventure sport. In the "Sky Walker" category, there will be **no competition-oriented ranking list**, but the times will be recorded and can be requested. Any prizes will be raffled off among the finishers in the finish area. We recommend that participants running around 5h do not register for this category! As a reference, times for Sierre- Zinal are 5h, Zermatt- Marathon 5h15 or Jungfrau Marathon 5h:15.

There will be no nomination of the fastest walkers at the winner's ceremony in the marquee.

Control closing times.

The following control closing times normally apply: (corrected times will be given at the start)

- SAC Turtmannhütte: 10:30a.m.
- Goal Barrhorn 3610m.a.sl.: 13:00

Insurance

Insurance is the responsibility of the participant. Participants must be personally insured against accident and illness. The organizer accepts no liability in the event of accident, evacuation, hospitalization or illness. In principle, the organizer rejects any liability on the part of participants, spectators and third parties. Participation in the Barrhorn Skyrace implies acceptance of the organizer's exclusion of liability for damage of any kind (accident, evacuation, hospitalization, illness, material loss and transport damage). Furthermore, there is no claim to compensation from sponsors and partners of the OC for material loss and injuries of any kind.

Disqualification / Race abandonment

The OC will decide on disqualifications. Possible reasons: false personal data (name, year), passing on the personal start number, unsportsmanlike conduct (e.g., not passing through the time registration posts, taking shortcuts, running without a valid start number, use of non-permitted aids, disregarding official instructions and doping).

Those who abandon the race will report to the next aid station. Costs for the search for persons will be charged to the runner.

Comrade aid

If a runner has health difficulties during the race, the other participants are obliged to give him first aid and to inform the organizers.

Waste

The protection of the environment must be respected. No litter such as drinking bottles or bar paper may be discarded on the course.

Consent to data processing

By registering, you agree to the publication of your name, first name, year of birth, place of residence, nationality, start number, competition time and rank in the start and ranking lists of this event. This consent applies to the publication on the internet, in print media, on TV as well as via teletext, social media and for the posting of lists and the speaker announcements. Photos and film footage taken in connection with the running event may be used on TV, the Internet, in own advertising material, magazines and books without any claims to remuneration. Name, postal and e-mail address may be passed on to partners (e.g. photo and video service) for services or advertising purposes and on request to sponsors for targeted addresses in connection with the running event.

Parking

There are enough parking spaces in Turtmann for the duration of the running event. Signs indicate the possibilities, either at the football pitch or at the valley station of the Turtmann-Oberems cable car.

Camper/Tent/Showers

Tents (on the grass) or campers (in the parking areas) can be set up or parked free of charge near the training football pitch (notice boards will be put up).

The showers in the FC clubhouse are also available free of charge, also in Oberems.

Doping

Doping controls can be carried out at the Barrhorn Skyrace.

Dogs

It is not allowed to walk with dogs on the whole route.

Amendment of the regulations

The organization reserves the right to change these rules at any time and without prior notice.

Language of the regulations

The regulations were written in German and translated into English and French using DeepL Translate. Translation errors are therefore possible, and the German version serves as a basis.